




SENTIRE SPA



Harmony of mind
body and soul

 8080

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WELCOME TO SENTIRE SPA!

Our Spa center built on a total area of 2750 m2 in CONCORDE LUXURY, takes you to a unique world. SENTIRE SPA adopts "philosophy of the 5 senses" in its services offered to its guests. It is aimed to be healthier and more peaceful by stimulating all sense organs.

Serene decoration and colors, energizing touches of the therapists, aromatherapy oils and fragrances, relaxing music played, herbal teas and detox drinks in the spa ensure that every guest is purified completely and becomes healthier and more peaceful. Body, mind and soul integrity is restored with this holistic approach.

All cosmetics and massages are given by well-trained therapists. Indian, Thai and Balinese therapists coming from the Far East offer services of Far Eastern massage types to the guests.

You will be renewed with the complementary effect of massage therapies, Spa treatments, traditional peeling and foam applications in the Turkish bath, face and body treatments with world famous brands.



SENTIRE CLASSIC

SWEDISH MASSAGE

With the whole body massage with classical massage techniques, your body gets rid of the tiredness and stress of the day and you feel energetic and rested in a comfortable and pleasant environment.

50 Minutes	70,00 €
90 Minutes	95,00 €

MIX COMBINED MASSAGE

In this special massage, the therapist determines the massage techniques to be used depending on the needs of the guest. Stretching movements can also be applied in addition to Classic Swedish, Shiatsu, Thai massage techniques.

40 Minutes	70,00 €
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AROMATHERAPY MASSAGE

This method which has reached the present day from the periods of ancient Chinese, Egyptian and Indian civilizations, is applied with pure aroma oils obtained from special plants. It has calming, rejuvenating, toxin relieving, pain relieving, cell renewing and muscle relaxant effects.

50 Minutes	70,00 €
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SPECIAL FOR SENTIRE COUPLES (CLASSIC)

It is a relaxing whole body massage given with classic massage techniques in our double massage rooms. A moment when you can have a good time with your loved one in a peaceful and pleasant environment.

50 Minute	125,00 €
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SENTIRE DE LUXE

TRADITIONAL BALINESE MASSAGE

Balinese massage given with traditional Balinese massage techniques provides relaxation and comfort on your whole body with palm pressures. It is recommended for your body that is tired and under stress.

50 Minutes	80,00 €	
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THAI MASSAGE

Thai massage is a massage that is given to the whole body and no oil is used during the process. A rich massage equipped with special pressure and stretching movements is given to the body from the toes to the scalp.

50 Minutes	80,00 €	
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LOMI LOMI MASSAGE

It is a healing massage that has its origins in the ancient Hawaiian ‘Huna’ philosophy and awakens positive energies. Lomi Lomi massage is a unique massage given with arms and elbows.

50 Minutes	80,00 €	
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SHIAT-SU MASSAGE

Shiat-su is a 2000 thousand years old Japanese tradition and it is a type of massage with pressure applied on the meridians in order to enable the life energy Chi to be balanced.

50 Minutes	80,00 €	
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REFLEXOLOGY

It is a point pressure massage given to the reflex areas under the foot with a fingertip to improve circulation, relieve pain, relax the body and restore energy flow in the body.

40 Minutes	60,00 €	
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VOLCANIC STONE MASSAGE

Special volcanic stones are used in this deeply relaxing massage. The heat of the volcanic stones calms the body, relaxes the muscles and most importantly transfers positive energy by getting rid of negative energy in the body.

90 Minutes	85,00 €	
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MANDARA 4 HANDS MASSAGE

Two expert therapists follow each other synchronically to regulate and relax your body's energy flow. You will feel free from stress with this massage.

50 Minutes	140,00 €	
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SPECIAL FOR COUPLES (BALINESE)

It is a relaxing whole body massage given with Far East Balinese massage techniques. Set aside time for yourself and your loved ones in a peaceful and pleasant environment.

50 Minute	130,00 €	
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ASIAN COCKTAIL MASSAGE (SHIATSU, BALINESE, LOMI-LOMI)

It is a relaxing whole body massage given by combining Far Eastern massage techniques. Feel the Far Eastern breeze and its refreshing effect on your body.

90 Minute	135,00 €	
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LOCAL MESSAGES

ANTI-CELLULITE MASSAGE

The main reason for cellulite is circulatory disorder. Blood and lymph circulation disorder and increase in fatty tissue cause accumulation of toxic substances. Cellulite massage activates blood and lymph circulation and allows tissue to be filled with fresh oxygen.

30 Minutes	65,00 €
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LOCAL MESSAGE

It is a massage given to the back of the body, head and neck or leg area with classic massage techniques upon request of the guest. It relives muscle tension and stimulates circulation.

25 Minutes	40,00 €
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TURKISH BATH RITUALS

PEELING

The "peeling" that is the first stage in Turkish bath tradition, is performed to clean and purify the body after sweating excessively. With peeling, clogged pores are opened and roughness is eliminated by removing toxic substances accumulated in the pores of the skin.

25 Minutes	45,00 €
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PEELING AND FOAM MASSAGE

It is a relaxing massage given on a hot massage platform with a dense foam made of natural soaps after the peeling that is the first stage in Turkish bath tradition.

40 Minutes	60,00 €
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FOAM MASSAGE

It is a matchlessly comforting massage given with the help of an intensive foam made of natural soaps by covering the body with this.

25 Minutes	40,00 €
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SKIN CARES

CLASSIC SKIN CARE

It gives a clear and healthy appearance to the skin by controlling the oil or dryness balance of the skin. It ensures purification and treatment of dead skin that causes oily or dry skin surface.

60 Minutes	70,00 €
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COLLAGEN SKIN CARE

Collagen whose production decreases in the skin as you age, causes the skin to lose its firmness and increase in the appearance of wrinkles. This treatment counteracts the signs of aging that emerge over time and restores the tension and primary elements the skin needs.

60 Minutes	90,00 €
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LUX CAVIAR TREATMENT

Phospholipid in caviar moisturizes the skin; it removes the rough structure caused by dryness and makes the skin look smoother, brighter and more beautiful. It enables the skin that loses its elasticity and begins to wrinkle to look younger and more beautiful by rejuvenating.

60 Minutes	100,00 €
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ANTI-AGING MASK

Anti-aging, cell regenerating mask care. Renews the skin, supports its softness and flexibility

40 Minutes	80,00 €
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MINI SKIN CARE

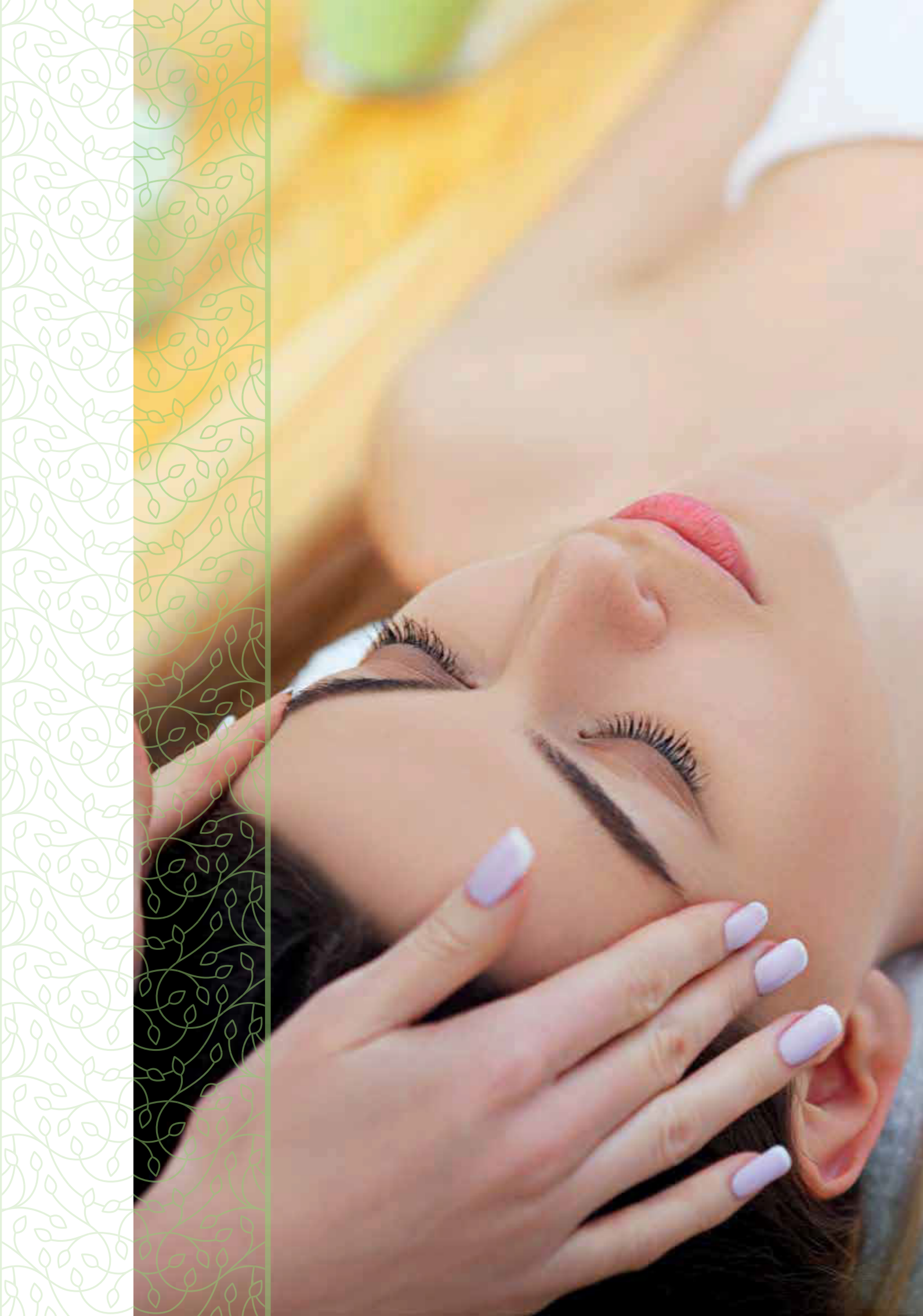
It is a basic skin care that will meet the daily needs of your skin. With active skin care, our skin is cleaned and gets bright and shiny appearance.

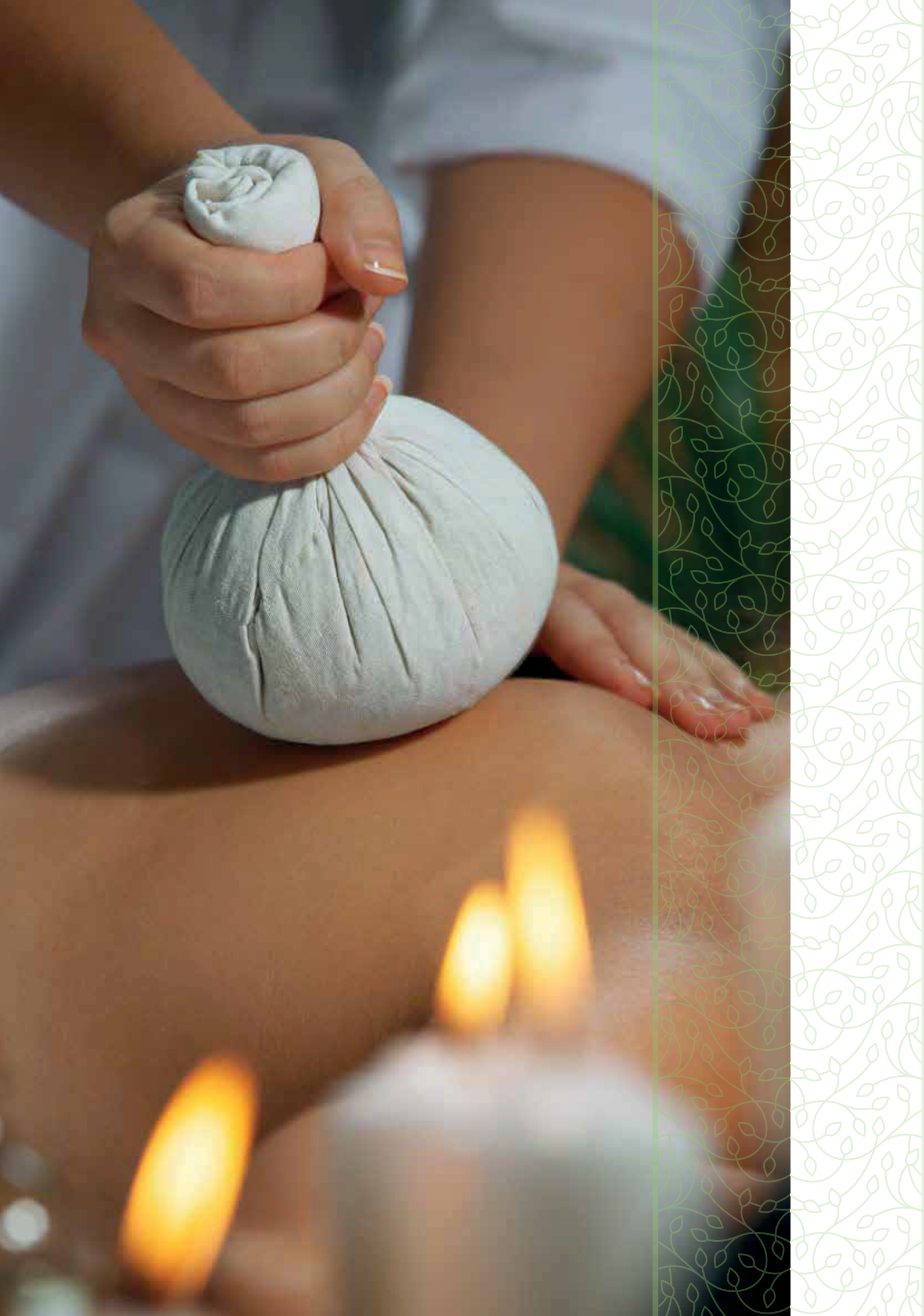
30 Minutes	50,00 €
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FACIAL MASK

It stimulates your skin, accelerates blood flow, enables cell renewal. It is suitable for all skin types. It reduces pimples and opens pores.

20 Minutes	30,00 €
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BODY CARES

ANTI-CELLULITE BODY CARE

It is a complete treatment program developed to rejuvenate tissues, preserve body shape and improve appearance, solve problems related to fat clusters and cellulite, it contains rich active ingredients.

60 Minutes

60,00 €

REGENERATING BODY CARE

It moisturizes the skin, tightens the pores and renews the body by accelerating blood circulation. After whole body peeling, regenerating body mask is applied and then it is finalized with moisturizing cream.

60 Minutes

75,00 €

BODY CREAM PEELING

It is the most ideal treatment to remove dead skin from your whole body and it enables the skin to be soft and smooth.

30 Minutes

60,00 €

ALGAE TREATMENT

It is very effective in terms of tightening, smoothing and cleaning the skin from toxins. This cure with which we apply Peeling + Algae Mask + heat blanket + body lotion, is also very enjoyable.

60 Minutes

70,00 €

OTHER TREATMENTS

FOOT DETOX

Detox process is removing harmful wastes that cause illness and aging from the body. In a 30-minute session, toxins in the body are removed by ionization technique thanks to ionic current passing through the water while the feet are in a container filled with water containing mineral sea salt.

30 Minutes

40,00 €

LUX FOOT CARE

Dead skin is removed from feet waiting for 10 minutes in the jacuzzi filled with sea salt with a special peeling application after the jacuzzi. After the mask that provides moisture balance, a massage is given with softening lotion.

50 Minutes

50,00 €

OZONE SAUNA

Ozone sauna is a method of giving oxygen to the body through the skin in a hot cabin. With this method, you can enjoy sauna and get ozone therapy. It is absorbed through the skin pores opened with the effect of heat and passes into the blood, lymph and fatty tissue of the body. It clears the lymphatic system of toxins, cleans the skin, relaxes the muscles, accelerates the blood circulation and kills bacteria, viruses and fungi. One session of ozone allows 300-500 calories to be burned.

30 Minutes

60,00 €

PACKAGE PROGRAMS

TURKISH BATH PLEASURE
Peeling Facial
Mask

35 Minutes 60,00 €

OZONE PACKAGE
Ozone Sauna
Swedish Massage

80 Minutes 110,00 €

RELAX PACKAGE
Peeling & Foam Massage
Classic Swedish Massage

80 Minutes 110,00 €

HARMONY PACKAGE
Peeling & Foam Massage
Traditional Balinese Massage

80 Minutes 120,00 €

SENTIRE PACKAGE
Peeling & Foam Massage
Swedish Massage
Facial Mask

100 Minutes 140,00 €

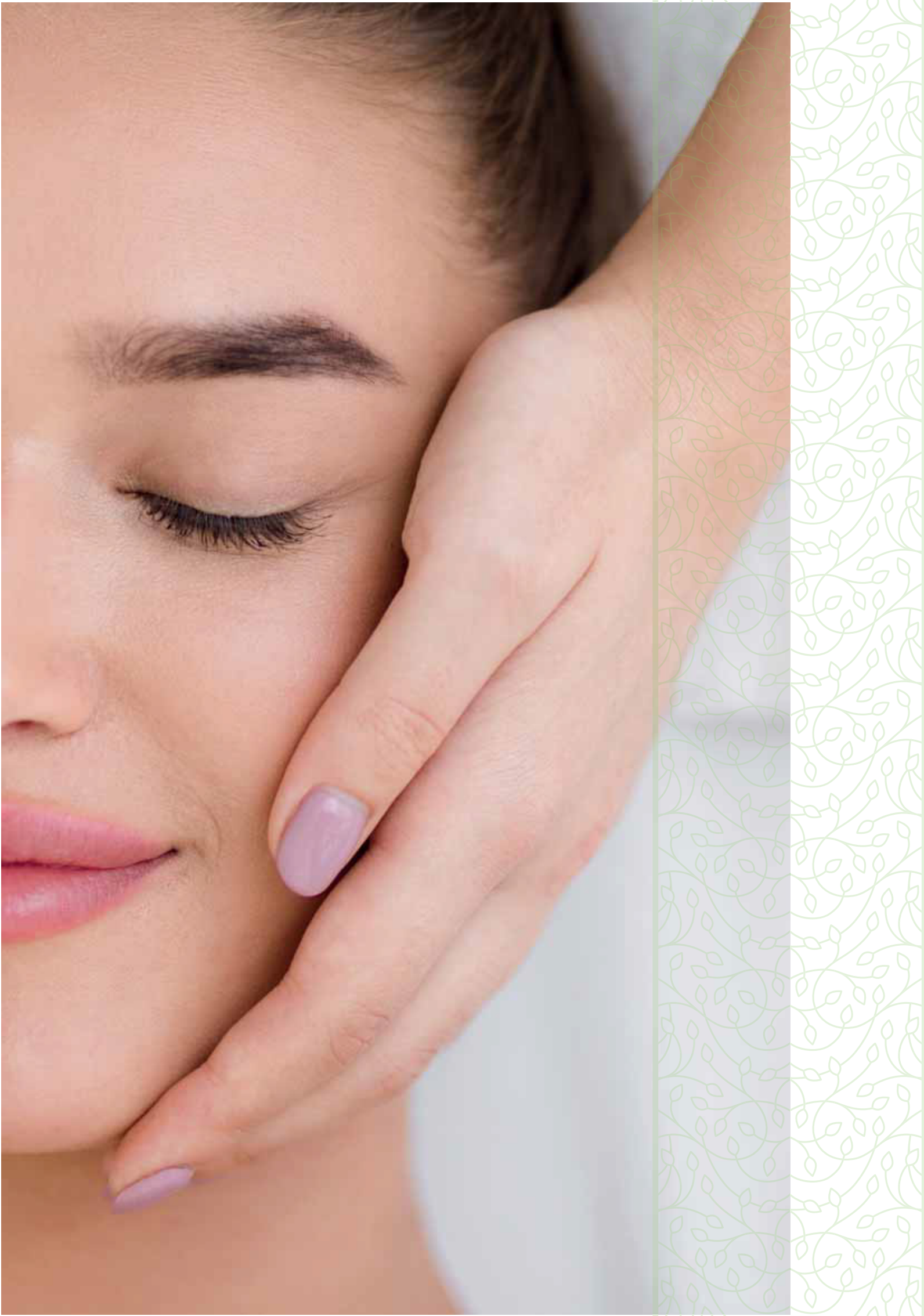
ANTI-CELLULITE PACKAGE
Cream peeling
Algae Treatment
Anti-Cellulite Massage

110 Minutes 150,00 €

REJUVENATING PACKAGE
Cream Peeling
Aromatherapy Massage
Mini Skin Care

100 Minutes 150,00 €





VIP PACKAGES

KING & QUEEN PACKAGE (FOR 2 -VIP ROOM)

Swedish Massage
Jacuzzi
Foot Ritual
Herbal Tea

160,00 €

ROYAL PACKAGE (FOR 2 - DELUXE ROOM)

Peeling & Foam
Classic Swedish Massage
Jacuzzi
Herbal Tea

220,00 €

SPA SUIT DELUXE PACKAGE (FOR 2 - DELUXE ROOM)

Peeling & Foam
Balinese Massage
Foot Ritual
Jacuzzi
Private Turkish Bath
Fruit Plate
Private Sauna
Herbal Tea

260,00 €

WHAT YOU NEED TO KNOW ABOUT THE SPA

When can I come?

Our guests who want to use our spa center can benefit from the activities between 08:00 am and 08:00 pm. You can make reservation between 09:00 am and 07:00 pm for the treatments given on the menu. It is enough to call 8080 for reservation.

What should i wear?

Our guests coming from their rooms can come by wearing their bathrobes and slippers with their swimming suits. For our guests coming from outside, there are lockers in the changing room for their belongings. Our therapists will pay attention to your comfort during your treatments. Only application area is open and other parts of the body are covered with a towel during treatment. You can obtain towel and bathrobe from the spa reception.

My Valuables

Put your valuables in the safe-box at the spa reception. Our spa center is not responsible for stolen or lost items.

Appropriate Arrival Hour

If it's your first visit, please come 15 minutes before your treatment. You can get ready before the treatment. Please take a shower, drink a glass of water and be ready in the waiting area 5 minutes before the treatment. Thus, we will not waste your treatment time and the program will not be interrupted. Children under the age of 5 can only use the children's pool of the spa center with their parents by wearing diapers suitable for the pool. Guests under the age of 16 can use it in company with their parents.

Reservation cancellation

If you cancel your reservations, please inform 2 hours in advance. Another guest may be request a reservation at that time

Choosing the Treatment

Our receptionists will help you to choose the one suitable for you rom the wide menu. Get information about different treatments and applications. You can find the treatment list on our website.

Special Medical Conditions

If you have any health problem, please inform the reception before making reservation. The treatments in our menu are not for medical purpose. It is for relaxing, relieving and resting. We can't make reservation if you are pregnant.

Personal Preferences

For your comfort during the treatment, please inform our personnel about what you want such as massage intensity, music volume and rapist choice.

Payments

All payments are made at the spa reception. In order to avoid crowd, please make your payments before the treatment. You can pay in cash, by credit card or from your room account.

Can I Tip

Our employees aim to give you treatment beyond your expectations before you leave. You can put your tip to the tip box at the spa reception or give it your therapist. Please don't tip more than 15-20% of the price of the treatment.

Age Limit

Children under the age of 5 can only use the children's pool of the spa center with their parents by wearing diapers suitable for the pool. Guests under the age of 16 can use it in company with their parents.

Feedback

If your spa visit does not meet your expectations, please visit the spa manager before leaving the spa. If you can't visit the manager, please call the spa center later to discuss the matter.

SENTIRE  SPA

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